

BICYCLE COMFORT LEVEL MAP The best map of Arlington for getting around stress free! **LEARN MORE** BikeArlington.com/ComfortMap BikeArlington ()

Route Colors and Markings

Neighborhood Streets

A

Easy

Solid green lines indicate quiet neighborhood streets. Green lines with dots indicate off street trails.

Off Street-Trails

Medium

Blue lines designate roads with moderate traffic volume. Riders along these routes may interact with moving motor vehicles.

Challenging

Salmon routes generally have higher traffic speeds and volume than green or blue. These routes usually have no bike lane or shoulder and are only recommended for confident riders.

Use Caution

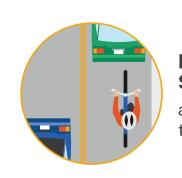
Roads shown in gray with a purple outline are only recommended when no alternatives are available. These routes have a high volume of traffic moving at fast speeds. There is usually no shoulder or bike lane.

Prohibited

a bicycle is illegal or

Riding Safely

GENERAL RIDING TIPS



Ride on the Right Side

and with the flow of traffic.



Doors Try to ride at least

Beware of Car

ARLINGTON COUNTY

3 feet away from parked vehicles.



Pass on the Left when passing slower moving or stopped vehicles.



Wear a Helmet to drastically reduce

the risk of head injury in a bicycle crash.



Use Bike Lights Front and rear lights are required when riding at night.



Ride in a Straight Line

between parked cars.

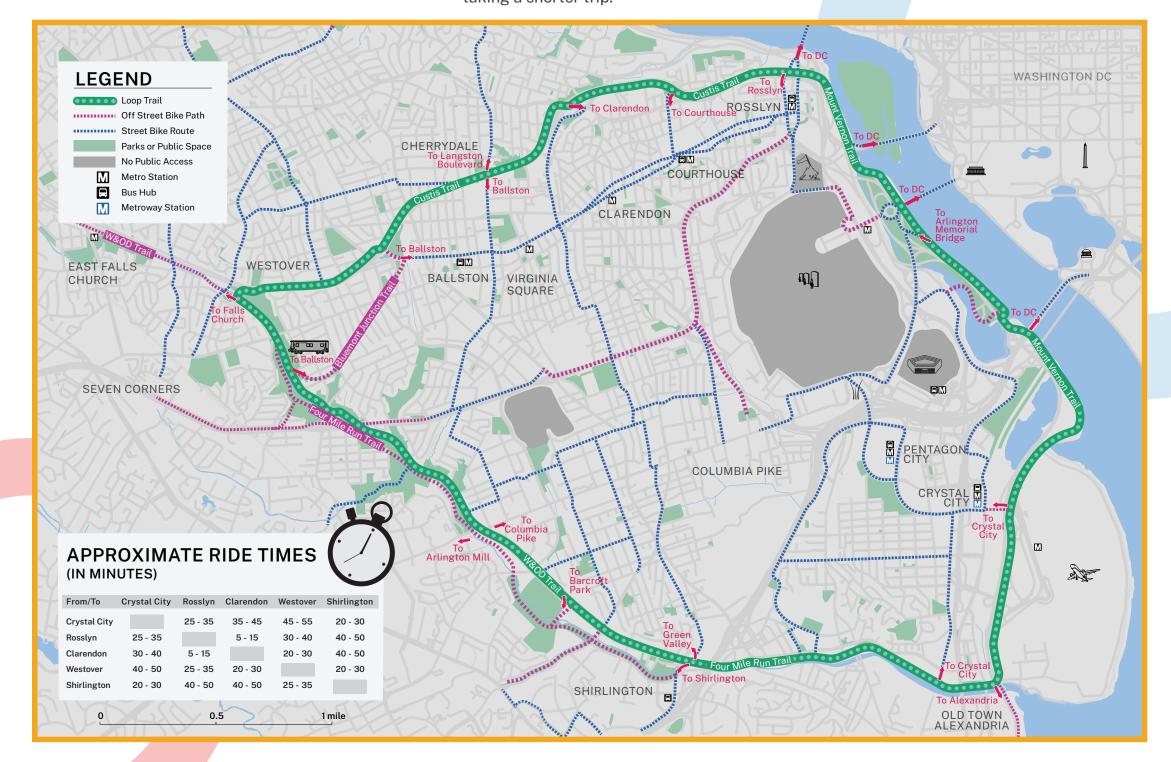
and do not dodge



Be Reflective Wear bright clothing with reflective

The Arlington Loop

The Arlington Loop is a 16-mile circuit composed of four local trails — the Mount Vernon, Custis, Washington & Old Dominion (W&OD), and Four Mile Run. Each trail offers fun and unique ways to explore all Arlington has to offer and can be completed all at once or by taking a shorter trip.



Bicycle Resources

Explore Arlington more by bike with classes, resources, and programs developed by BikeArlington and curated with your level of biking in mind.

DIRECTORY

In the event of an emergency dial 911

To Register Your Bike or Report Bike Theft **Arlington County Police Department** 703-228-4057

Biking Resources BikeArlington.com/BikeMap info@bikearlington.com

703-725-1909 **Capital Bikeshare** CapitalBikeshare.com

customerservice@capitalbikeshare.com

Trail Maintenance Arlington County trails@arlingtonva.us W&OD Trail: Nova Parks

877-430-2453

703-729-0596

ON THE TRAIL

Speed Slow down when



the trail is busy, slippery, or if sight is

Control Your

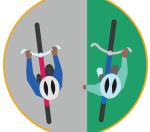
obstructed. **Keep to the Right**



Passing Warn others at least 2-3 seconds

before passing.

Signal When



Trails users should keep to the right and move off the trail to the right, except when passing.

> Don't forget to have fun!

For more information on bike safety, parking, maps, and programs visit our website.

BikeArlington.com/ComfortMap